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## Mantua PTA News 2021, Issue 11

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November 3, 2021 | Issue 11

### Important Upcoming Dates

**November 5 (Friday) : Last Day to submit R4R donations, PTA Meeting, 9:30am in Cafeteria.**

**November 6 (Saturday) : Garden Clean Up Day, 1-3pm.**

**November 13 (Saturday): Book Fair Opens & Picnic, 10am - 1pm.**



**November 5 – is the LAST day to donate money INCENTIVES!!**

Students who raise money will have the chance to participate in our Large Gift Raffle! For every \$100 they raise, their name will be entered one time into the raffle. Winners will be announced at the completion of our fundraising period on November 5th!

Large Gift Raffle Prizes Include:

- Nintendo Switch – sponsored by Anne and Sarah Harrington, Long & Foster Realtors
- Chromebook - sponsored by Jennifer Mack Properties
- 3D Printer - sponsored by Jennifer Mack Properties

- Electric Razor Scooter - sponsored by Ballston Local NASA Telescope - sponsored by iContact Coaching Kids
- Drone - sponsored by Merrifield Orthodontics
- Echo Dot - sponsored by Merrifield Orthodontics

And as a gift to HELP US MEET THE CHALLENGE by sharing the [Run for Rocky's donation link](#) with friends and family. If we meet at least 50% and then 100% of our \$40,000 goal as a school, the students will get 2 special surprises from the school administration!

**REMEMBER: DONATIONS WILL BE WELCOMED THROUGH FRIDAY, NOVEMBER 5th!**

CORPORATE MATCHING Please check to see if your employer also offers corporate matching here! BIG THANKS!! Your support and generous contributions will ensure the PTA continues to provide additional resources and programs to our students and staff. As funding becomes tighter each year, it is important that we work as a community to support Mantua ES! Please become a supporter and share with your friends! QUESTIONS??

Contact [fundraising@mantuapta.org](mailto:fundraising@mantuapta.org)



### Discovery Garden Fall Clean-up Day!



It's that time of year again - the annual Mantua Discovery Garden Fall Clean-Up on **Saturday, November 6 from 1-3 pm!**

We hope you'll join us to learn more about the gardens and ways to volunteer with the committee and stay to get your hands dirty as we put the gardens to bed for the year. Weeding, pruning and general clean-up of the beds are the main order of business, and no gardening experience is necessary. We have a limited number of tools so if you have some, feel free to bring them along.

This is a family event so kid participation (with parent supervision) is also encouraged. We do hope to kick off a trial-run of our new 'Mantua Nursery' Project, where we will have available to families some of the perennials thinned from the beds this fall. This is a great opportunity to jump start your own native garden! While we will be outside, masks are encouraged. Please visit the [SignUp Genius link to RSVP](#) which will help us to better plan.

If you have any questions, please contact Karin Hudson at [garden@mantuapta.org](mailto:garden@mantuapta.org). See you in the gardens!



Mantua's book fair, by Bookworm Central, is fast approaching!

Our book fair will open for shopping starting at **10 AM on Saturday, November 13th** and will go through noon on Friday, November 19th.

Here are some details:

- 11/13 SATURDAY 10:00 AM - 1:00 PM Saturday shopping!
- 11/15 Regular school hours 9:00 AM-4:00 PM Student shopping with teacher permission
- 11/16 Student shopping from 9:00 AM to 4:00 PM with teacher permission  
Evening hours - 4:00 PM - 7:00 PM
- 11/17 Student shopping from 9:00 AM to 4:00 PM with teacher permission  
Evening hours - 4:00 PM - 7:00 PM
- 11/18 9:30 AM - 10:30 AM Parents ONLY shopping (no students) 10:30 AM - 4:00 PM Student shopping with teacher permission
- 11/19 9:00 AM- 12:00 PM Student shopping with teacher permission (LAST DAY)

Don't want to shop in person? Shop online: [https://www.bookwormcentral.com/school-online-store.php?id=00324020-DDCE-4FF5-9541-F78F3A71E167&pro\\_id=160&school\\_code=mantua](https://www.bookwormcentral.com/school-online-store.php?id=00324020-DDCE-4FF5-9541-F78F3A71E167&pro_id=160&school_code=mantua)

Can you help? Sign up to volunteer at the book fair!  
<https://www.signupgenius.com/go/30E0C4DADAE2CA3FF2-2021>

Questions or comments? Email Jenn Ros [programs@mantuapta.org](mailto:programs@mantuapta.org).

### Mantua Fall Family Picnic & Book Fair

Join us **Saturday, November 13, 10am-1pm** for the annual Mantua ES Library Book Fair! We'll have Krispy Kreme donuts to purchase (while supplies last!) and the Hangry Panda food truck will be here from 11-2! (Look for the pre-order link the week before!) Bring a picnic blanket, let the kids play, shop, and enjoy our amazing community!

### Parent referrals for the Level IV (full-time) Advanced Academics Program (AAP)

Parent referrals for the Level IV (full-time) Advanced Academics Program (AAP) are due no later than **December 15**. This is a hard and fast deadline which may not be extended. For more information about the levels of AAP services offered in FCPS or the process for referring your child for AAP, please visit [www.fcps.edu](http://www.fcps.edu) and search "AAP" or contact Kathy Van Dyke, Mantua's Advanced Academics Resource Teacher (AART) at [kvandyke@fcps.edu](mailto:kvandyke@fcps.edu).



### W.T. Woodson High School's 28th Craft Show

W.T. Woodson High School's 28th Craft Show is returning this year on Saturday, **November 6, 2021, from 10am-4pm (9525 Main St., Fairfax VA**

**22031).**

This exceptional show features juried handmade arts and crafts with a diverse selection that include: fine art, gourmet foods and confections, fabric art and crafts, jewelry, fiber and textile crafts, knitted, crocheted, needle felted and macrame items, acrylic art flow, pottery, wreaths, pet accessories, cedar birdhouses, hand painted home decor items, bath and body products, as well as hundreds of holiday collectibles/decorations.

Many of the exhibitors have returned from previous years and admission is ALWAYS FREE for shoppers.

\*All proceeds benefit the W.T. Woodson Crew Team\*

For more information go to: <https://wtwcrew.org/craft-show/> or contact: [woodsoncraftshow@gmail.com](mailto:woodsoncraftshow@gmail.com)

### Food Drive

The Kids Care Club worked very hard to create this special presentation about the Mantua food drive. This video is less than 2 minutes long, so please take a moment to watch: <https://www.youtube.com/watch?v=i15HH3uXyJc>.

Through **November 17th**, we will be collecting food that supports families in our own neighborhood and school. The food drive collection box will be placed outside of the front office tomorrow afternoon. The classroom with the most donations will get to *turn Principal Shannon into a mummy* with toilet paper! Be sure your donation is clearly labeled with your student's teacher and grade so we know who to give credit to for the competition.



**October PTA Meeting Minutes**

<http://mantuapta.org/documents/df/2021-22/minutes/october.pdf>

**Parent Digital Consent Forms -- Action Requested!**

The school needs your consent for some important digital resources your child might need to access for classwork on their laptop. Take a moment to review the [online resources](#) our teachers at Mantua may use with your child. After you have had a chance to review the resources, please use [this link](#), to complete the [Parent Consent form](#). You will need to have your child(s) ID Number. If you have more than one child, you will have to complete the form for each child.



**Student-Parent Survey for Federal Impact Aid**

FCPS is asking all families to fill out a Student-Parent Survey for Federal Impact Aid.

**Returning this form is important because information from this survey results in an additional \$3 million in grants each year from the U.S. Department of Education. These funds are used to support all Fairfax County public schools and centers.**

For each school-aged child in your household, please complete, sign, date, and return the survey to your child's school. If sections 1 and 2 of the survey do not apply to you, just check the boxes in Section 3.

All forms must be signed, dated, and returned **by November 5**.

**All results are confidential.**

[More information is available online.](#)



### **Mantua PTA Wish Fund 2021-22**

Do you have a great idea that will positively impact our school community? The generous support of Mantua ES families, community supporters, faculty, and staff enables us to operate the Mantua PTA Wish Fund, an internal grant-awarding program founded in 2014. This grant is designed to fund valuable projects that benefit our school. A few of the past awarded projects are the outside track, music instruments, air purifiers, an installed refillable water station, balls and equipment for recess, snap circuits for Science classes, and supplies for the Garden Committee.

The PTA encourages teachers, staff, and current PTA members to submit Wish Fund applications beginning on Monday, October 25, with a **deadline for receipt of Sunday, November 14, 2021 by 5pm**. Project funds must be spent during the 2021-22 school year. The Wish Fund currently has a total of \$10,000.00 to distribute for proposals this year. The [application link](#) is attached and we appreciate your creativity for, and commitment to, Mantua Elementary School and its students!

Any questions, contact Amy Sheridan at [wishfund@mantuapta.org](mailto:wishfund@mantuapta.org).



### **Fairfax Turkey Trot**

We are excited to be running/walking in person again this year, on Thursday, November 25, 2021!

The Turkey Trot starts at 9:00 am Thanksgiving morning.

Proceeds from the Fairfax Turkey Trot will be donated to [Britepaths](#) (formerly Our Daily Bread). For more than 30 years, Britepaths has provided help and hope to struggling residents in the Fairfax County area. This support has been a beacon of light to many affected members of our community during the COVID pandemic.

[Register today](#) for the 9th Annual Fairfax Turkey Trot!

Online registration closes Monday, November 22, 2021, at midnight.

### **Scarecrow Scavenger Hunt**

Thanks to everyone who participated in the scarecrow scavenger hunt. There were so many creative and festive entries!! And it was fun to see them throughout the neighborhood.





### SIS/ParentVue Account

Do you have a SIS/ParentVue account? This account will allow you to access your child's attendance, class performance, and much more. Use this [link](#) to access, activate or change your password.

### Schoology Account

Schoology is a learning space that enhances communication, collaboration, and personalized learning for students, teachers, and families.

- You need a SIS/ParentVUE account to login to Schoology:  
<http://bit.ly/FCPSSIS>
- Use your SIS/ParentVUE login information to login to Schoology:  
<https://lms.fcps.edu>

Look for the FCPS logo to make sure you are on the right login page.



### Join the Mantua Elementary PTA Facebook Page

Let's get social! Don't forget to join the Mantua Elementary PTA Facebook page! Not only is a great place to ask questions and connect with other families, we hope to keep it up to date with important events and dates throughout the year.

<https://www.facebook.com/groups/MantuaPTA/?ref=share>

### Join the PTA!

Please visit our webpage at [MantuaPTA.org](http://MantuaPTA.org) and click **JOIN PTA NOW!** Dues are \$20 per family and get you discounts on PTA sponsored clubs. Our dues fully support our free programs so that every penny of our fundraisers goes right back into the classrooms. Follow us on Facebook to get the inside scoop on all our events and programs - <https://www.facebook.com/groups/MantuaPTA/> - Can't wait to get started!



Any changes in dismissal transportation need to be requested by emailing the Mantua Attendance ([Mantuaelem.attendance@fcps.edu](mailto:Mantuaelem.attendance@fcps.edu)) by 11:00am, so the office has time to relay that change to the classroom teacher. No early dismissals will be permitted after 3:30pm.

### Parent Information Relating to Special Education

All these opportunities are **FREE** unless noted.

In most cases **you must register** if registration information is provided.

#### Learning to be Flexible and Resilient

Wed. Nov. 3, 6:30 pm

A presentation by the Parent Resource Center at Alexandria Public Schools.

Access: <https://acpsk12.zoom.us/j/93232174038?pwd=dUhVUU0rNjF0TVZ0RnBwYWhEYnRTUT09>

#### What Do You Say?: How to Talk with Kids to Build Motivation, Stress Tolerance, and a Happy Home

Wed. Nov. 3, 7 pm

The authors will introduce their new book including some of the basic principles and new ways to handle some thorny topics.

Access: <https://www.mcleanschool.org/events/community-eduction-series/>

#### Meet the Trustee

Thu. Nov. 4, 10 am OR 7 pm

This is a yearly event to allow the public to hear The Arc of NOVA's Trustee, KeyBank, answer questions about special needs trusts.

Register for 10 am: [https://zoom.us/webinar/register/WN\\_O\\_cII0QOSoCsNpaz1\\_Gchg](https://zoom.us/webinar/register/WN_O_cII0QOSoCsNpaz1_Gchg)

Register for 7 pm: [https://zoom.us/webinar/register/WN\\_mOkP-zgwS8OLY5uvKVmOSw](https://zoom.us/webinar/register/WN_mOkP-zgwS8OLY5uvKVmOSw)

### **Placing Real Estate in a Special Needs Trust (SNT)**

Fri. Nov. 5, 10 am-noon

Learn how property is handled in a SNT to increase housing options for an individual with disabilities.

Register: [https://zoom.us/webinar/register/WN\\_OSW8VnURSnS\\_yBJdtNeH8g](https://zoom.us/webinar/register/WN_OSW8VnURSnS_yBJdtNeH8g)

### **Circle of Support Conference**

Sat. Nov. 6, 10 am-noon

A keynote will be followed by a variety of pre-recorded workshops focused on caring for individuals with ID or DD.

Register: <https://arcgpw.org/circle-of-support/>

### **Growth Mindset to Push Through Frustration — for 4th & 5th Graders**

Sat. Nov. 6, 1:30-3:00 pm, 6849 Old Dominion Dr. #200, McLean

Students will learn what a growth mindset is, why it matters, what to do when they get stuck and how to “push through” frustration.

Register: <https://www.eventbrite.com/e/growth-mindset-to-push-through-frustration-tickets-177564178237>

### **Basics of the Medicaid Waiver**

Mon. Nov. 8, 10 am

Learn what Waivers are, the services they offer, how to apply, and how to deal with the waiting lists for services.

Register: [https://us06web.zoom.us/webinar/register/WN\\_xCJvd9ntQ8ynkjMkn3agJw](https://us06web.zoom.us/webinar/register/WN_xCJvd9ntQ8ynkjMkn3agJw)

### **Good Enough Parenting with Elementary Aged Kids**

Mon. Nov. 8, 8:15 -9:15 pm

Topics such as healthy screen use, self esteem, limit setting, peer relationships, emotional outbursts, etc. will be discussed via Q & A.

Register: <https://www.eventbrite.com/e/good-enough-parenting-series-2-with-elementary-aged-kids-registration-183614264207>

### **Introduction to Supporting Those At Risk**

Tue. Nov. 9, 7-8 pm

Learn how to support someone in your life who has had suicidal thoughts and/or a past suicide attempt.

Register: <https://ncacstar11092021.attendease.com>

### **A Parent's Guide to Problem-Solving School Behavior Struggles**

Wed. Nov. 10, 1 pm, with replay link

Learn the steps to take to collaborate with the school to structure and monitor a positive and effective behavior action plan.

Register: <https://www.additudemag.com/webinar/school-behavior-problems-solutions/?>

### **Non-Traditional School Options Panel**

Wed. Nov. 10, 7:00-8:30 pm



Hear about homeschooling, fully virtual school, and non-traditional private schools from a panel of staff and parents from those programs.

Register: <https://register.gotowebinar.com/register/997295946538138896>

### **REVIVE! Training**

Nov. 13, 18, OR 23 at various times

Learn what to do in an overdose situation, how to administer naloxone, and what to do afterwards. Supplies may be provided.

Register: [www.fairfaxcounty.gov/community-services-board/heroin-opeoids/revive](http://www.fairfaxcounty.gov/community-services-board/heroin-opeoids/revive)

### **Special Needs Trusts (SNT)**

Mon. Nov. 15, 10 am

Learn how a SNT can safeguard government benefits while ensuring your (adult) child's future needs and interests are met.

Register: [https://zoom.us/webinar/register/WN\\_XqHqRprKQDCChNyAug2maw](https://zoom.us/webinar/register/WN_XqHqRprKQDCChNyAug2maw)

### **Emotionally Naked Truth About Suicide**

Mon, Nov 15, 7:00-8:15 pm

Learn the often veiled ways youth cry for help, how to respond, and what to do long term to help teens develop resilience to stress.

Register: <https://register.gotowebinar.com/register/2955914283936494608>

### **Reimagine Our National Response to People in Crisis**

Tue.-Thu. Nov. 16-18,

Join efforts to elevate crisis response and coordinate advocacy to establish and fully fund our country's 988 crisis response systems.

Register: <https://reimaginecrisis.hubilo.com>

### **Navigating Systems**

Tue. Nov. 16, 2:00-2:45 pm

A former student with a disability who is now an entrepreneur with an MBA will describe the complex systems he continues to navigate.

Register: <https://vcurtc.org/training/webcasts/webcastDetails.cfm/561>

### **Overcoming IEP Roadblocks**

Tue. Nov. 16, 6-8 pm Herndon Fortnightly Library 768 Center St. Herndon

Send questions on this topic by 11/14 to [COLdhamWautismfirstus.com](mailto:COLdhamWautismfirstus.com)

Register: <https://autismfirstus.com/events/>

### **The Science of Reading: How Instruction Re-Wires the Brain**

Wed. Nov. 17, 7-8 pm

Gain an understanding of the learning-to-read process so as to help guide decisions on how to recognize and respond to a child's reading disability.

Register: [https://labschool-org.zoom.us/webinar/register/2716279315106/WN\\_yiZuBgM7TW69XpeOUjptLA](https://labschool-org.zoom.us/webinar/register/2716279315106/WN_yiZuBgM7TW69XpeOUjptLA)

### **REVIVE! Training**

Tue. Nov. 23, 3 pm

Learn what to do in an overdose situation, how to administer naloxone, and what to do afterwards. Supplies may be provided.

Register: [www.fairfaxcounty.gov/community-services-board/heroin-oids/revive](http://www.fairfaxcounty.gov/community-services-board/heroin-oids/revive)

### **Ongoing and On Demand**

#### **Family Coaching — 8-12 week program**

Work weekly one-on-one with a coach to identify individualized goals and create a targeted family plan.

Register: <https://a109092.socialsolutionsportal.com/apricot-intake/e8afd273-4daa-4525-a1f1-b8ee33528344>

#### **Fairfax County's Pre-Notification 9-1-1 Program**

Enroll now in this new public safety program for individuals with disabilities.

Details & Registration: <https://www.fairfaxcounty.gov/911/emergency-health-profile>.

#### **Special Education During a Pandemic**

Learn what the laws specify that schools should provide, and how you can best support your child.

Access: <https://drroseann.com/special-education-during-a-pandemic/>

#### **Dyslexia & the IEP: How to Make Sure the IEP Is in Tip-Top Shape**

Webinar, available 24/7

Access: <https://www.youtube.com/watch?v=frehRL58UTs>

#### **Accommodations for Recreational Classes and Camps with Fairfax County Parks**

Accommodations include physical accessibility, ASL interpreters, assistive devices, sensitivity training for classmates, and staff training.

To request accommodations, [email.gary.logue@fairfaxcounty.gov](mailto:email.gary.logue@fairfaxcounty.gov) or 703 324-8563

#### **Scholarships for Classes with Fairfax County Parks**

Children of families that receive public assistance (medicaid, free school lunch, SNAP, TANF) are eligible to take one set of classes per quarter for a **\$15** registration fee.

Information: <https://www.fairfaxcounty.gov/parks/scholarships>

#### **NAMI Basics**

This 6-session course is for adults who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms (including ADHD and ASD).

Register: <https://www.nami.org/Videos/NAMI-Basics-OnDemand>

#### **Wrightslaw Special Education Law and Advocacy Training**

Learn about special education law, rights and responsibilities; tests to measure progress and regression; SMART IEPs; and strategies for effective advocacy.

Info: <https://www.wrightslaw.com/webex/law.adv.index.htm> **\$50-\$90**

#### **The Parent Playbook — 9 Module Online Course on Autism**

From the VCU Autism Center for Excellence & Virginia Autism Council. An introduction on Autism Spectrum Disorder for families, including tips for caregivers, characteristics, interventions and recommended programs and services.

Access: [https://vcuautismcenter.org/te/courses/parent\\_playbook.cfm](https://vcuautismcenter.org/te/courses/parent_playbook.cfm)

### Support Groups for Parents

All these support groups are open to newcomers, and they are free, except where noted. No diagnosis is required to participate. Participants are typically given the opportunity to share their story, experience support, and glean guidance (as desired) from group members regarding both community and school resources. **Confidentiality is to be respected.**

**AAC Parent Group** meets occasionally on Saturdays. Contact: Amanda [amandam@skillbuildersllc.com](mailto:amandam@skillbuildersllc.com) or 703-941-7757 ext. 316

**African American Culturally Focused Virtual Parent Café** meets Thursdays, 6:00-7:30 pm. Register at least 24 hours in advance by [email BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov) or 703-324-7720

**Alpha Moms** This support group for adoptive parents meets monthly in McLean. Contact: [robin4brady@gmail.com](mailto:robin4brady@gmail.com)

**Arlington Epilepsy Support Group**, a list-serve, can be accessed at [ARLEpilepsy@googlegroups.com](mailto:ARLEpilepsy@googlegroups.com)

**Autism Dads** meets one evening monthly. Contact: George Buzby at 571-419-1257 or [gbuzby@aol.com](mailto:gbuzby@aol.com)

**Autism Society of NoVA Support Group** meets on the 2nd Saturday of the month, 1:00-2:30 pm via Zoom. <https://us02web.zoom.us/j/9466001682>; Meeting ID: 946 600 1682; One tap mobile (301) 715-8592

### Business Networking Event for Special Needs Parents

Alternate Fridays, May 29 and following, 9:00-10:30 am *Via Zoom*. Connect with fellow special needs parents and business owners, build your referral network, and share best practices. Contact: <https://thearcofloudoun.org/networking/>

**Cafés Virtuales Para Padres:** Miércoles de 7:00-8:30 pm. Regístrese con al menos 24 horas de anticipación: [BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov) o 703-324-7720

**CHADD:** Children & Adults with Attention Deficit/Hyperactivity Disorder

- **Alexandria CHADD Parent Support Group** 4th Mon. of each month at 6:30 pm. Contact: Susan, [ADHDParentMountVernon@gmail.com](mailto:ADHDParentMountVernon@gmail.com) or call 303-903-9972.
- **Loudoun County CHADD Parent Support** 3rd Wed. evening of the month. Contact: Bonnie Little 571-306-2932 or on Facebook [@loudounahdhsupport](https://www.facebook.com/loudounahdhsupport)
- **West Fairfax/Burke CHADD Parent Support Group** 1st & 3rd Thur. of each month at 8:00 pm Contact: Cathy, [ocgreulich@aol.com](mailto:ocgreulich@aol.com)
- 

**CSB Family Support Group at Gatlan Center** 2nd and 4th Wed. of each month 6:00-7:30 pm via Zoom Contact: [Samar.Chwairy@fairfaxcounty.gov](mailto:Samar.Chwairy@fairfaxcounty.gov) or call 703-799-2882.

**D.A.D.S.** Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm via Zoom. Contact: George [gbuzby@aol.com](mailto:gbuzby@aol.com) or call 703- 545-6089.

**Dr. Dan's Support Group for Parents Raising Challenging Children** meets via Zoom on Mondays, 1-2 pm, Register: <http://survey.constantcontact.com/survey/a07eh2rnzqrk9vdghmb/a0179kbgrrhj1/questions>

**Fairfax Juvenile Court Parent Support** for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral problems at home, at school, or in the community. Sign up for a phone consultation at <https://www.signupgenius.com/go/10c0a44abab29abf85-juvenile>

**Family F.I.R.S.T. Fridays Autism Support Group** meets on the 1st Friday monthly, noon-12:45 at Gum Spring Library 24600 Millstream Dr. Stone Ridge

**Family Recovery & Support Group** meets weekly via Zoom on Mondays 6:30-7:30 pm for family and friends of those receiving CSB services for addictions. Contact: [Natalie.Holmes@fairfaxcounty.gov](mailto:Natalie.Holmes@fairfaxcounty.gov) [www.fairfaxcounty.gov/community-services-board/recovery/family-support-virtual-group](http://www.fairfaxcounty.gov/community-services-board/recovery/family-support-virtual-group)

**Formed Families Together** consists of monthly peer support groups for adoptive, kinship, and foster caregivers and parents. Register: <https://www.eventbrite.com/e/formed-families-together-support-groups-tickets-147657582805>

**Virtual** support group meets the 1st Sunday evening monthly.

**In-Person** support group meets the 3rd Wednesday evening monthly.

**Grupo de Chat para Padres:** Unete a nuestro nuevo **GRUPO DE CHAT mediante la aplicación de WhatsApp** y podras mantenerte al tanto de todo lo que PEATC Latino esta haciendo. Entra al GRUPO: <https://bit.ly/2VoU2vw> (Chat Group for Latino Parents: Join our new CHAT GROUP through the WhatsApp application and you will be able to keep up to date with everything that PEATC Latino is doing.)

**Grupo de Educación y Apoyo a Padres en Española** se reúne el cuarto sábado de cada mes, de 10 a 11 a.m. en Zoom en <https://us02web.zoom.us/j/9466001682> ID de reunión: 946 600 1682

**Kinship Café** meets online 6:30-8:00 pm the 2nd Wednesday of the month for those raising the children of relatives and friends. To attend, call 703-324-7720 or email [BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov).

**NAMI:** National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Michelle Best [mczero@yahoo.com](mailto:mczero@yahoo.com)

NAMI Family Support Group meets on the 1st and 3rd Wednesdays on Zoom for parents of children living with mental health challenges including ADHD, ASD, etc. <https://zoom.us/j/94509229914>

**OCD Family Support Group** meets the 1st Mon. of each month, 7:30 pm. Contact: [ela.mike@verizon.net](mailto:ela.mike@verizon.net) or call 202-215-5859

**Parent Café** (for all Fairfax County parents and guardians) meets via Zoom in English on Mon., 7:45-9:15 pm, and en español, miércoles, 7:00-8:30 pm. Register at least 24 hours in advance by email [BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov) or 703-324-7720

**Parents in a Pandemic** is for families of children or young adults with developmental and/or behavioral challenges. They meet twice monthly, 5:30-6:30 pm on Tuesdays. Register: <https://thearcofnova.org/jun-dates-for-virtual-parent-support-group-meetings/>

**Parents of Autistic Children (POAC-NOVA) Parent Support Group** meets on Saturdays occasionally. Contact: Brianne Russel-Morris [administrator@poac-nova.org](mailto:administrator@poac-nova.org).

**REACH Parent Support Group** meets monthly to support parents of individuals with developmental disabilities who also have mental health or behavioral issues. Contact: Dr. Pourmand [mojgan.pourmand@eastersealsucp.com](mailto:mojgan.pourmand@eastersealsucp.com)

## Translators

Translators comprise another vital part of our outreach efforts. We want every Mantua ES family to feel included and connected—should families need to have a document translated into their native language, our volunteers are here to help!

- للحصول على نسخة مترجمة للغة العربية، نرجو الإتصال بالأخت بدرية كنفالة على هذا الإيميل: [cbn@mantuapta.org](mailto:cbn@mantuapta.org). If you need to have a document translated into Arabic, please email [cbn@mantuapta.org](mailto:cbn@mantuapta.org).
- Если вам необходимо перевести документ на русский язык, пожалуйста обращайтесь к Анне Жердецкой или Виктору Жердецкому по электронной почте: [cbn@mantuapta.org](mailto:cbn@mantuapta.org) или [cbn@mantuapta.org](mailto:cbn@mantuapta.org).
- 혹시 한국어로 번역된 자료가 필요하시면 좌송관씨에게 연락주세요 ([cbn@mantuapta.org](mailto:cbn@mantuapta.org).) If you need to have a document translated into Korean, please contact Kristina Clarke.
- Para obtener una copia en Espanol favor de contactar a Kristina Clarke at [cbn@mantuapta.org](mailto:cbn@mantuapta.org). If you need to have a document translated into Spanish, please contact Kristina Clarke.

Email Kristina Clarke at [cbn@mantuapta.org](mailto:cbn@mantuapta.org) if you have any questions or would like to volunteer as an ambassador or translator with Mantua ES's Community Building Network.

## How to Submit an Announcement to the PTA News



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