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Mantua PTA News 2019, Issue 33

Fairfax County Public Schools sent this bulletin at 05/06/2020 03:20 PM EDT

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May 6, 2020 | Issue 33



Virtual Teacher Appreciation Week

Mantua ES Families! Teacher Appreciation Week starts on Monday, May 4. While we won't be in the actual school this year, let's

"VIRTUALLY" show our teachers and staff how much we appreciate them! We will be celebrating our teachers by **three fun Spirit Days** during the week beginning May 4.

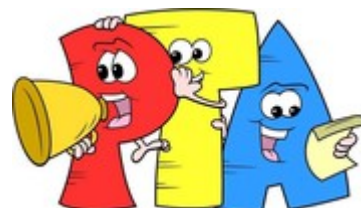
We hope this will help our students and teachers feel more connected, and appreciated while we are all distance learning.

Appreciation Week Themes:

- Wednesday May 6 - Spirit Day! Dress up in your Mantua Spirit Wear to show your support for our awesome teachers and staff!

Don't forget to share and post your photos !

"Virtual" PTA Meeting - Check out the slate!



Thank you to all who attended the "virtual" meeting on April 16th! Below are links to the March minutes, April minutes, and March financials.

Our next "virtual" meeting will be **Thursday, May 7th at 7pm** - Join URL: <https://us02web.zoom.us/j/81614239640>. Be sure to look for updates on our Facebook page.

Thank you for supporting our community through the PTA!

- March minutes: <http://mantuapta.org/documents/df/2019-20/minutes/march.pdf>
- March financials: <http://mantuapta.org/documents/df/2019-20/minutes/profit-loss-3.31.pdf>
- April minutes: <http://mantuapta.org/documents/df/2019-20/minutes/april.pdf>

Slate for the upcoming Mantua PTA Board Elections:

President – Kristina Clarke

VP Programs – Jen Ros

VP Fundraising – Gretchen West

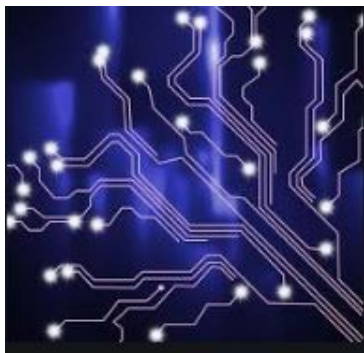
Secretary – Kanan Gupta

Treasurer – Sophany Setliff

Spring Mini Wish Fund

The Mantua PTA Wish Fund is open for a mini spring edition! It may not be the first thing on anyone's mind right now but if you have a need/grant/wish that the PTA may be able to help with, please reach out to Kristina Clarke at wishfund@mantuapta.org!





Internet Access for Low Income FCPS Families

Cox Internet can provide free modem rental and free installation of internet for low-income, unconnected Fairfax County families. Households who meet income and other guidelines, can be granted this service free through July 15 (and then continued at a fixed rate of \$9.95/month for two years).

This is unaffiliated with the MiFi distribution from FCPS.

More information can be found and shared with families from this website:

<https://www.cox.com/residential/internet/connect2compete.html>

Food Deliveries to Mantua ES Families

Our Parent Liaison at Mantua, Luis Uribe Gamboa, is delivering needed items to our Mantua ES families requesting assistance. Families that wish to donate items can either drop items or have them delivered to Lisa Libby's house to be stored prior to delivery. Lisa Libby, 9303 Christopher St, Fairfax, VA 22031. You can coordinate directly with Lisa at 571-217-7856. Thank you for supporting our community!



SPRING ENRICHMENT

If you had registered your child for a spring enrichment class, you should have already received an email from Enrichment Matters with information about refund options. If you have not received an email, please contact us at enrichment@MantuaPTA.org.

Yearbooks for Sale

You can go to the Mantua ES school web site and order. We are only taking online orders.

<https://mantuaes.fcps.edu/announcements/mantua-yearbooks-are-now-sale>

Mantua Elementary Yearbook 2019-2020

1st Book Price \$25.00

1st Book Price Online Ordering Deadline Until May 1st, 2020

2nd Book Price \$28.00

2nd Book Price Online Ordering Deadline Until June 1st, 2020

Order your yearbook today by going to www.scherlingschoolpics.com and using the Online Code FM111880

Raise Funds for Mantua ES by Linking Your Rewards Card

It's time to re-link your Harris Teeter VIC cards to Mantua!

This is a really easy fundraiser- once you link your card to our school you'll be helping to raise money every time you shop. And even better? We'll do the work for you! Go

to <https://www.memberplanet.com/s/mantuaelementaryschoolpta/vic> to fill in your VIC card information and we'll do the rest!

Encourage friends & family to do the same!

Parent Information Relating to Special Education

All these opportunities are **FREE** unless noted.

In most cases **you must register** if registration information is provided.

When other events become available they will be posted at:

<https://fairfaxcountysepta.org/upcoming-community-events/>

Note that The FCPS **Parent Resource Center** is still **open**, and it continues to provide direct assistance to families, educators, and community members.

The staff there can help you find answers and solve problems.

Email: prc@fcps.edu Phone: 703-204-3941

The Fairfax-Falls Church Community Service Board is providing free access to Web and mobil tools to support our resilience and well-being. Appropriate for ages 13-adult. Start here:

<https://files.constantcontact.com/bbee573c701/92633049-c14e-4509-8384-f426ebbbf7.pdf>

Setting the Stage for Distance Learning Success

Fri. May 1, 10 am-noon, *Webinar*

Learn strategies to help support your pK-12 child's learning with realistic expectations, routines, and organizational supports.

Register: <https://docs.google.com/forms/d/e/1FAIpQLSeBBycj8L1Xm169WK0xeUippoJ8OHv-7qq9Tz7CEoimdVpoZA/viewform>

Dr. Dan's Support Group for Parents of Exceptional Kids

Mondays 1-2 pm, starting May 4, Online

This new support group for parents of special needs children and youth will be facilitated by a behavioral pediatrician.

Register: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eh1pyh6fa5912327&oseq=&c=&ch=>

Disability Benefits: VA's Medicaid Waivers and Social Security

Mon. May 4, 7-9 pm, *Webinar*

Disability benefits are tricky. Learn about Social Security benefits and VA's Medicaid Waivers what they are, who is eligible, and how do to apply.

Register: <https://www.eventbrite.com/e/disability-benefits-vas-medicaid-waivers-and-social-security-registration-99076633879?aff=erelpanelorg>

Business Networking Event for Special Needs Parents

Friday, May 8, 9:00-10:30 am *Online*

Connect with fellow special needs parents and business owners, build your referral network, and share best practices.

Information: <https://thearcofloudoun.org/networking/>

Maintaining Wellness and School Supports During COVID-19

Fri. May 8, 10 am-noon, *Webinar*

Learn strategies for maintaining wellness for self and family, how to notice children's stress, activities to foster resilience, and other resources.

Register: https://docs.google.com/forms/d/e/1FAIpQLSedQPwtGZdR_ki7FAHzz40iNRI0vqPWUaBQcVvD2VD7I5tqlw/viewform

Motivating Responsible Behavior When Kids Are Home 24/7

Fri. May 15, 10 am-noon, *Webinar*

Learn how to manage sibling relationships, and resistance to homework, while having children help with chores around the house.

Register: <https://www.fcps.edu/resources/family-engagement/parent-resource-center/register-free-workshops-parent-resource-center>

Business Networking Event for Special Needs Parents

Fri. May 22, 9:30-10:30 am, Online

Connect with fellow special needs parents & business owners, while building your referral network. Meets every other Friday.

Information: <https://thearcofloudoun.org/networking/>

Managing Stress in Children

Wed. May 27, 7:00 - 8:30 pm,

Learn the signs and symptoms of stress as well as techniques on how to engage in positive ways with your children to avoid stress at home and school.

Register: <https://www.theauburnschool.org/speakerseries>

Plan Ahead — Transition University — 5-session self-paced online course

Sun. June 7, 8:00 pm - Monday, July 20, 4:00 pm

Parents/guardians of school-age children can learn how to navigate the transition process to prepare their children for the adult world.

Register: <https://www.eventbrite.com/e/summer-2020-transition-university-virtual-training-registration-80303508957>

Plan Ahead — An Individualized Approach to Raising Your Challenging Child —9 session course

Tuesdays June 23-Aug. 25, Via Zoom

This program is to help parents identify the source of their child's challenging behavior and learn what they can do about it. For parents of children ages 3-12.

Register: <http://www.parentchildjourney.com/journey/> **\$ Cost varies.**

Support Groups

All these support groups are open to newcomers, and they are free, except where noted. No diagnosis is required to participate. Participants are typically given the opportunity to share their story, experience support, and glean guidance (as desired) from group members regarding both community and school resources. Confidentiality is respected. Many, but not all, have switched to online format.

Alpha Moms This support group for adoptive parents meets monthly in McLean. Contact: robin4brady@gmail.com

Autism Dads meets one evening monthly in Falls Church. Contact: George Buzby at 571-419-1257 or gbuzby@aol.com

CHADD: Children & Adults with Attention Deficit/Hyperactivity Disorder

- **Alexandria CHADD Parent Support Group** 4th Mon. of each month at 6:30 pm. Contact: Jenny ADHDParentMountVernon@gmail.com or call 703-472-4678.
- **Burke CHADD Support Group for Parents, Caregivers and Family Members** Last Thursday of the month at 7:00 pm. Contact Kim Griffin: kimberlygriffin@yahoo.com
- **Loudoun County CHADD Parent Support** 3rd Tue. morning of the month in Sterling. Contact: Bonnie Little 571-306-2932 or on Facebook @loudounahdhsupport
- **West Fairfax CHADD Evening Parent Support Group** 3rd Thur. of each month at 7:30 pm Contact: Sharon clintob@aol.com or 703-716-4646.
- **West Fairfax CHADD Morning Parent Support Group** 1st Tues. of each month at 10:30 am Contact: Sharon clintob@aol.com or 703-716-4646.
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CSB Family Support Group at Gatlan Center 2nd and 4th Wed. of each month 6-8 pm in Alexandria Contact: Samar.Chwairy@fairfaxcounty.gov or call 703-799-2882.

D.A.D.S. Dads Appreciating Down Syndrome 3rd Tue. each month, 7-9 pm in Alexandria. Contact: George gbuzby@aol.com or call 703- 545-6089.

Fairfax Juvenile Court Parent Support Group for problems including runaway behavior, truancy, alcohol/drug abuse, and serious behavioral

problems at home, at school, or in the community. 7:30 pm every Tues. Room 201.1 Fairfax County Courthouse – call 703-246-2495.

Kinship Caregivers Support Group 2nd & 4th Thur. monthly, 6:30-8:00 pm, South County Gov. Ctr. Rm. 220, 8350 Richmond Hgwy, Alexandria. Free dinner and resources. Register 1 week ahead: KFI@fairfaxcounty.gov or 703-246-4653

Kinship Café – meets monthly on the 2nd Wed. in Fairfax. Free dinner. Activities for children and discussion for adults. Register 1 week ahead by calling 703-246-4653 or online at <https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27>

NAMI: National Alliance on Mental Illness builds better lives for affected families. Arlington Parent Support Group meets two Sundays a month at 7:00-8:30 pm. Contact: Naomi 703-862-9588 verdugo.naomi@gmail.com

OCD Family Support Group 1st Mon. of each month, 7:30 pm. Contact: familygroupocd@verizon.net or call 202-215-5859.

Northern Virginia Tourette Support Group meets the 2nd Sunday of each month at noon at the Chantilly Public Library. Contact: mark.bramer@gmail.com

OCD Family Support Group 1st Monday of each month 7:30 pm. Contact: familygroupocd@varizon.net or call 202-215-5859

Parents of Autistic Children (POAC) meeting times and location posted at: <https://poac-nova.org/events/>

Parents of Autistic Teens meets the 2nd Sat. of each month in Oakton. Contact: Maria Dubuc 703-970-3676 or Admin@ASNV.org

How to Submit an Announcement to the PTA News

Please [complete this form](#) to have a Mantua ES- or Mantua PTA-related announcement placed in the weekly Mantua PTA News, on our [Facebook page](#) and/or on MantuaPTA.org.

The form guides you through all the pieces of information we need to put out complete announcements.



9107 Horner Court, Fairfax, VA 22031 | Main Office: 703-645-6300

Attendance: 703-645-6363 | Web | PTA Web | Twitter

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